## **ODESSA NATIONAL MEDICAL UNIVERSITY**

# MINISTRY OF HEALTH OF UKRAINE ODESSA NATIONAL MEDICAL UNIVERSITY

Faculty: medical
(faculty name)
Department of pediatrics №1
(name of department)
APPROVE  Acting pro-rector for scientific and educational work  Svitlana KOTIUZHYNSKA  " 01 " 09 2022
METHODICAL RECOMMENDATION OF THE SEMINAR LESSON FROM THE SELECTIVE EDUCATIONAL DISCIPLINE  Faculty medical, course 6
Academic discipline, selective: "Practical issues of children's cardiology"
Seminar session №6.  Topic: Heart rhythm disorders in children.
Approve: Meeting of the Department of Pediatrics №1
Odessa national medical university
Protocol № 1_ of "_29_"082022 y
Head of the department (Mykola ARYAYEV)
(signature) (name, surname)

# Developers:

(indicate surnames, scientific degrees, scientific titles and positions of developers; everyone who teaches the specified academic discipline must be among the developers)

## Developers:

Prof. Mykola ARYAYEV as. of prof. PhD Victor BIRYUKOV. as. Mykhailo STRELTSOV

*Note*. In the case of publication of methodological developments as an independent printed work, the academic council of the faculty provides a recommendation for publication in the presence of two reviews, one of which is external — from a reviewer of another institution of higher education

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#### Seminar session No. 8

**Topic:** Treatment of arterial hypertension in children.

**Purpose:** To deepen knowledge and master the skills of treating hypertension in children, obtained in the course of studying the subject; promoting the development of creative thinking. The ability to logically express and argue one's thoughts, listen to each other and criticize productively.

**Basic concepts:** Arterial hypertension. Hypertensive crisis.

**Equipment:** PAT auscultation simulator.

Study time: 1 hour.

#### Plan

**I. Organizational measures** (greetings, checking those present, announcing the topic, purpose of the lesson, motivating applicants to study the topic).

### II. Control of basic knowledge (frontal survey on basic terminology)

Questions to check basic knowledge on the topic of the seminar:

- 1. Algorithm for the diagnosis of arterial hypertension.
- 2. Indicators of arterial hypertension depending on gender and height according to centile nomograms and tables.
- 3. Treatment of arterial hypertension.

4.

#### III. Discussion of theoretical issues:

- 1. Peculiarities of the use of medicines in the treatment of arterial hypertension in children.
- 2. Algorithm for providing emergency care in hypertensive crisis in children.

Discussion of theoretical issues can take place in the form of role-playing, answers to questions, debates, discussions, presentations with reports, abstracts, discussion of reports and abstracts, review of applicant answers, etc.

### Themes of role play/reports/abstracts

- 1. Modern approaches to the correction of blood pressure in children with primary arterial hypertension (report, discussion, discussion of reports and review of applicant answers).
- 2. Diagnosis and management of hypertension in children (role-play).
- 3. Providing emergency care to a child with a hypertensive crisis (role-play).

In preparing a report, role-play, abstract, analytical review, etc., applicants can, along with this, prepare didactic visual aids in the form of tables, code diagrams, slides, drawings, portraits of famous specialists, drugs, etc.

#### IV. Summing up

## List of recommended literature

# The main one

#### 1. Nelson Pediatric Abx 2022

URL: https://apps.apple.com/ru/app/nelson-pediatric-abx-2022/id1611269134

# **Additional**

## 1. High blood pressure in children

URL: <a href="https://www.mayoclinic.org/diseases-conditions/high-blood-pressure-in-children/diagnosis-treatment/drc-20373446">https://www.mayoclinic.org/diseases-conditions/high-blood-pressure-in-children/diagnosis-treatment/drc-20373446</a>