

МІНІСТЕРСТВО ОХОРОНИ ЗДОРОВ'Я УКРАЇНИ
ОДЕСЬКИЙ НАЦІОНАЛЬНИЙ МЕДИЧНИЙ УНІВЕРСИТЕТ

Факультет медичний

(назва факультету)

Кафедра педіатрії №1

(назва кафедри)

ЗАТВЕРДЖУЮ

в.о. Проректора з науково-педагогічної роботи

проф.  Світлана КОТЮЖИНСЬКА
" " " " 2022 р



МЕТОДИЧНА РОЗРОБКА
СЕМІНАРСЬКОГО ЗАНЯТТЯ
З ВИБІРКОВОЇ НАВЧАЛЬНОЇ ДИСЦИПЛІНИ

Факультет медичний, курс 6 _____

Навчальна вибіркова дисципліна, «Принципи поліклінічного спостереження здорової та хворої дитини» _____
(назва навчальної дисципліни)

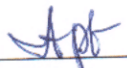
Семінарське заняття №_2_ Тема: Принципи організації харчування здорової та хворої дитини. _____
(назва теми)

Затверджено:

Засіданням кафедри _педіатрії
№1 _____

Одеського національного медичного університету

Протокол №_1_ від “_29_” _____ 08 _____ 2022_ р.

Завідувач кафедри  (Микола АРЯЄВ.)

(підпис)

(Ім'я, прізвище)

Department of Pediatrics №1, Odessa national medical university

Optional educational discipline "Principles of polyclinic observation of a healthy and sick child"

Developers:

Prof. Mykola ARYAYEV as. Diana SELIMKHANOVA. . as. Victoria
PAVLOVA. _____

Note. In the case of publication of methodological developments as an independent printed work, the academic council of the faculty provides a recommendation for publication in the presence of two reviews, one of which is external — from a reviewer of another institution of higher education)

Seminar class № 2

Topic: Principles of feeding for a healthy and sick child.

Purpose: To deepen knowledge and master the skills of assessing the physical development of newborn children, obtained in the course of studying the subject; promoting the development of creative thinking. The ability to logically express and argue one's thoughts, to listen to each other, to criticize productively.

Basic concepts: Breast feeding. Artificial feeding. Types of formulas: basic, therapeutic, specialized. Complementary food. Balanced nutrition.

Equipment: child's mannequin.

Study time: 2 hours.

Plan

I. Organizational moment (greetings, checking the audience, the message of the topic, the purpose of the lesson, the motivation of applicants to study the topic).

II. Control of basic knowledge (frontal survey on basic terminology)

Questions to check basic knowledge on the topic of the seminar:

1. Peculiarities of breastfeeding
2. Communication with the mother of a newborn child regarding the correct position of the body of the mother and the baby and the correct application of the child during feeding according to the Integrated Management of Childhood Illness algorithm.
3. Artificial feeding of children in the first three years of life.
4. Balanced nutrition of children older than one year

III. Discussion of theoretical issues:

1. WHO breastfeeding principles.
2. Artificial feeding.
3. Types of formulas: basic, therapeutic, specialized.
4. Principles of introduction of supplementary food.
5. Complementary products and rules for their preparation.
6. Balanced nutrition of children older than one year.

Discussion of theoretical issues can take place in the form of role-playing, answers to questions, debates, discussions, presentations with reports, abstracts, discussion of reports and abstracts, review of applicant answers, etc.)

1. Support of long-term breastfeeding (report, discussion, discussion of reports and review of applicant answers).
2. Communication with the mother of a newborn child regarding the correct position of the body of the mother and the baby and the correct application of the child during feeding according to the algorithm of the Integrated management of childhood diseases (role play)
3. Artificial feeding (report, discussion, discussion of reports and review of applicant answers)
4. Communication with the mother of a child of the first year of life regarding the appointment of artificial feeding and the introduction of complementary foods (role play).
5. Balanced nutrition of children older than one year. (report, discussion, discussion of reports and review of applicant answers).

When preparing a report, role-play, essay, analytical review, etc., applicants can, along with this, prepare didactic visual aids in the form of tables, code diagrams, slides, drawings, portraits of famous specialists, preparations, etc.).

IV. Summing up

List of recommended reading

1. Nelson Textbook of Pediatrics / R. M. Kliegman [et al.] ; ed. R. E. Behrman. - 21th ed. - Edinburgh [etc.] : Elsevier, 2020. - Vol. 1. – LXXV.
2. Nelson Textbook of Pediatrics [Text] / R. M. Kliegman [et al.] ; ed. R. E. Behrman. - 21th ed. - Edinburgh [etc.] : Elsevier, 2020. - Vol. 2. - LXXV.

Additionally

- 1 Handbook IMCI Integrated Management of Childhood Illness Paperback – May 1, 2006 by World Health Organization (Author)
2. <https://www.who.int/tools/child-growth-standards/standards>