

**MINISTRY OF HEALTH CARE OF UKRAINE
ODESA NATIONAL MEDICAL UNIVERSITY**

Department of physical rehabilitation, sports medicine, physical training

**Syllabus of the academic discipline
«Home care of the sick and disabled»**

Scope of the academic discipline	Total number of hours per discipline: 90 hours, 3.0 credits. Semester: IX-X 5th year of study
Days, time, place of educational discipline	According to the schedule of classes. Department of Physical Rehabilitation, Sports Medicine, Physical Training Odesa, 4-A Olgivivska St., ONMedU Sports Complex, 2nd floor.
Teacher(s)	Iushkovska Olga. Head of the Department, Doctor of Medical Sciences, Professor. Plakida Oleksandr. Doctor of Medicine, Professor of the Department. Olena Filonenko. Candidate of Medical Sciences, Associate Professor of the Department. Kravets Svitlana. Assistant of the Department. Semenenko Oleg. Assistant of the Department. Kamo Shakhnazaryan. Assistant of the Department.
Contact information	Help by phone: Viktoriya Seredovska, head teacher of the department 0672857552 Viktoriya Radaeva, laboratory assistant of the department, 0973824140, +380(48) 723-05-68, +380 (48) 728-50-30 E-mail: sportmed@onmedu.edu.ua Face-to-face consultations: from 15.00 to 17.00 every Thursday according to the schedule. Online consultations: from 16.00 to 18.00 every Thursday according to the schedule. A link to an online consultation is provided to each group during classes separately.

COMMUNICATION

Communication with applicants will be carried out in the classroom (in person). During distance learning, communication is carried out through the Microsoft Teams platform, as well as through e-mail correspondence, Viber messengers (through groups created in Viber for each group, separately through the group head).

ABSTRACT OF THE EDUCATIONAL DISCIPLINE

The subject of the study of the discipline is the study of the peculiarities of home care of the sick and disabled.

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Prerequisites and post-requisites of the discipline (place of the discipline in the educational program):

Prerequisites: foreign language (by professional direction), medical biology, biophysics, biochemistry, ethics, philosophy, ecology, human anatomy, normal and pathological physiology and integrates with these disciplines.

Post-requisites: life safety, valeology, physical rehabilitation, sports medicine and formation of skills to apply knowledge of kinesiotaping, further study of all clinical disciplines and in future professional activities.

The goal of the discipline: Mastering by the student of higher education knowledge and formation of elements of professional competences in the field of physical and rehabilitation medicine.

Tasks of the discipline:

1. Understanding the basics of home care of the sick and disabled;
2. Acquaintance with models of home care for sick and disabled people;
3. Formation of a system of knowledge and skills for assessing the functional state of patients who need home care.

Expected results:

As a result of studying the academic discipline, the applicant must:

Know:

- Basic approaches to home care of sick and disabled people at different stages;
- Peculiarities of home care for patients of various profiles;
- Peculiarities of assessing the functional state of patients with a therapeutic and surgical profile;
- Organizational features of home care of the sick and disabled;
- Peculiarities of implementation of various components of home care.

Be able:

- Assess the functional state of the patient who needs home care;
- Organize the transfer and insurance of a patient who needs home care.

DESCRIPTION OF THE EDUCATIONAL DISCIPLINE

Forms and methods of education:

The discipline will be taught in the form of practical classes (30 class hours); organization of independent work of the applicant (60 hours).

Teaching methods: conversation, narration, explanation, demonstration, instruction, training exercises.

Content of the academic discipline

Content module1.

“Home care of the sick and disabled”

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Topic 1. The concept of "home care". The main components. Approaches to the organization of home care activities at different stages of treatment.

Topic 2. Multidisciplinary home care team: composition, tasks.

Topic 3. Physical, social, spiritual and psychological characteristics of sick and disabled people who need home care.

Topic 4. Functional problems of the disabled with various nosologies, possibilities of their correction. Functional problems of the disabled with various nosologies that require special precautions. Tasks and possibilities of positioning in various diseases.

Topic 5. Transfer and insurance of patients. Organization of patient transfer. Classification of movements. Characteristics of mobility aids. Models of movement when using crutches, sticks, walkers. Moving in a cart.

Topic 6. Peculiarities of home care of patients with a therapeutic profile at different stages of treatment and rehabilitation.

Topic 7 Peculiarities of home care of surgical patients at different stages of treatment and rehabilitation.

Topic 8. Peculiarities of home care for children of different ages at the stages of treatment and rehabilitation. Peculiarities of home care for elderly people.

Bibliography:

Basic:

1. Perkins, Tracy Cram. Dementia Home Care: How to Prepare Before, During, and After. USA, Behler Publications, LLC. 2021. 380 p.
2. Cranford, Cynthia. Home Care Fault Lines: Understanding Tensions and Creating Alliances. USA, Cornell University Press, 2020. - 240 p.
3. Providing Home Care for Older Adults: A Professional Guide for Mental Health Practitioners. GB, Taylor & Francis, 2020.
4. Caregiving and Home Care. Croatia, Intech Open, 2018.
5. How To Structure Your Home Care Agency: Non-Medical Home Care. N.p., Robin Kilby, 2021.

ASSESSMENT

Forms and methods of current control: oral (questionnaire), theoretical testing, evaluation of test performance, evaluation of activity in the classroom.

Criteria for current assessment in practical classes

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Grade	Evaluation criteria
«5»	The applicant worked systematically during the semester, showed versatile and deep knowledge of the program material, was able to successfully complete the tasks provided for by the program, mastered the content of basic and additional literature, realized the relationship between individual sections of the discipline, their importance for the future profession, revealed creative abilities in the mind using educational and program material that has shown the ability to i update and replenish knowledge dependently.
«4»	The applicant has revealed full knowledge of the educational and program material, successfully fulfills the tasks stipulated by the program, mastered the basic literature recommended by the program, showed a sufficient level of knowledge in the discipline and can independently update and update them in the course of further education and professional activity.
«3»	The applicant has shown knowledge of the main educational and program material to the extent necessary for further education and subsequent work in the profession, copes with the tasks provided for by the program, made some mistakes in the answers to the exam and when performing test tasks, but has the necessary knowledge to overcome the mistakes made under the guidance of a scientific and pedagogical worker.
«2»	The applicant did not reveal sufficient knowledge of the main educational and program material, made fundamental mistakes in implementing the tasks provided for by the program, could not use knowledge in further training without the help of a teacher, and could not master the skills of independent work.

Forms and methods of final control: a credit is given to an applicant who has completed all sections of the educational program of the elective discipline, actively participated in seminars, has a current average grade of at least 3.0 and has no academic debt.

Possibility and conditions for receiving additional (bonus) points: not provided.

INDEPENDENT WORK OF HIGHER EDUCATION ACQUIRES

Independent work involves preparation for each practical session.

EDUCATIONAL DISCIPLINE POLICY

Deadlines and Rescheduling Policy:

Absences of classes for non-respectable reasons are made up according to the schedule of the teacher on duty.

Absences due to valid reasons are processed according to an individual schedule with the permission of the dean's office.

Policy on academic integrity:

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- It is mandatory for applicants to observe academic integrity, namely:
- independent performance of all types of work, tasks, forms of control provided for by the work program of this academic discipline;
- references to sources of information in the case of using ideas, developments, statements, information;
- compliance with the legislation on copyright and related rights;
- provision of reliable information about the results of one's own educational (scientific) activity, used research methods and sources of information.

The following are unacceptable in educational activities for participants of the educational process:

- using family or official ties to obtain a positive or higher grade during any form of control of learning results or advantages in scientific work;
- use of prohibited auxiliary materials or technical means (cheat sheets, notes, micro-earphones, telephones, Smartphone's, tablets, etc.) during control measures;
- passing procedures for control of training results by fake persons.

For violation of academic integrity, students may be held to the following academic responsibility:

- a decrease in the results of assessment of control work, assessment in class, credit, etc.;
- repeated evaluation (test, credit, etc.);
- appointment of additional control measures (additional individual tasks, control works, tests, etc.);
- additional inspection of other works authored by the violator.

Attendance and Tardiness Policy:

Uniform: a medical gown that completely covers the outer clothing, or medical pajamas, a cap, a mask, and a change of shoes.

Equipment: notebook, pen.

State of health: applicants suffering from acute infectious diseases, including respiratory diseases, are not allowed to attend classes.

A student who is late for class can attend it, but if the teacher has put "abs" in the journal, he must complete it in the general order.

Use of mobile devices:

Students with the permission of the instructor may use mobile devices if they are needed to complete the assignment.

Behavior in the audience:

The behavior of applicants and teachers in the classrooms should be working and calm, strictly comply with the rules established in accordance with the Code of Academic Ethics and Relations of the University Community of Odesa National Medical University.

