**Odesa National Medical University Department of General and Clinical Pharmacology** and Pharmacognosy **PSYCHOTROPIC PREPARATIONS** THAT SUPPRESS GNS **(NEUROLEPTICS.** TRANQUILIZERS. **PSYCHSEDATIVES** 

# **NEUROLEPTICS (ANTIPSYCHOTICS) –**

#### neuron – nerve; lepticos – hold

Psychotropic agents that inhibit CNS, remove hallucinations, delusion without inhibition of conciseness

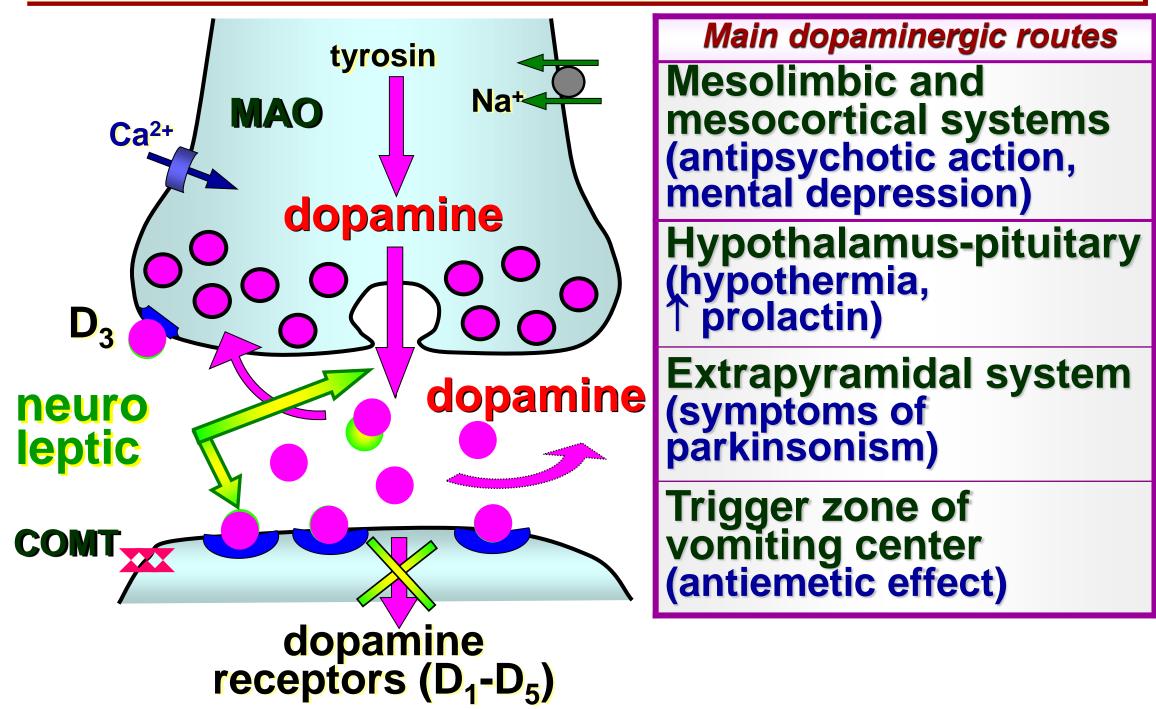
# 5 signs (J. Delay and P. Deniker):

- remove psychosis (antipsychotic action)
- abort psychomotor excitement of different origin
- predominantly influence on subcortex structures of the brain
- possible psychodysleptic action without hypnotic action
- oftenly produce neurologic and neurovegetative reactions
  - (3 «H»: hypodynamia, hypothermia, hypotension)

# **CLASSIFICATION OF NEUROLEPTICS**

- derivatives of phenothiazins (typical neuroleptics)
  - *alyphyatic* chlorprominazin (aminazin), levomepromazin
  - ✓ *piperazin* ethaperazinн, triphtazin
  - ✓ piperidin neuleptil
- derivatives of buterophenone haloperidol, droperidol
- derivatives of benzamid sulpirid, metoclopramid
- derivatives of piperidin fluspirilen, pimosid
- derivatives of different chemical groups reserpin, clozepin, olenzepin etc

## MECHANISM OF ACTION OF NEUROLEPTICS



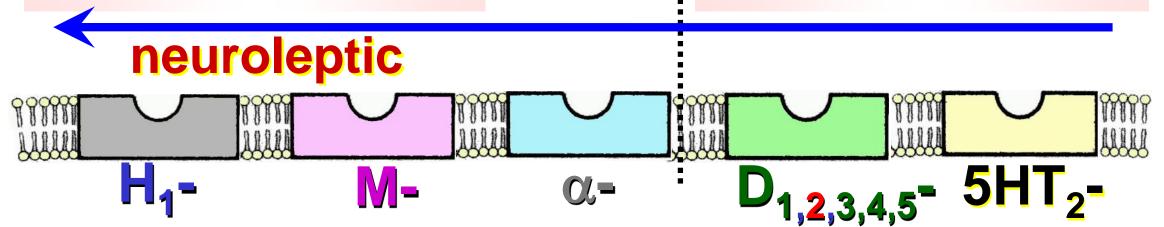


## SPECTRUM OF PSYCHOTROPIC ACTION OF NEUROLEPTICS

#### chlorpromazin – $\alpha \ge 5$ -HT<sub>2</sub> $\ge D_2 \ge D_1$ haloperidol – $D_2 \ge D_1 = D_4 \ge \alpha_1 \ge 5$ -HT<sub>2</sub> antipsychotic

#### sedatives:

droperidol > aminazin > chlorprotixen > clozepin > neuleptil antipsychotics: haloperidol > pimozid > fluspirilen > triftazin > etaperazin > sulpirid



# PHARMACODYNAMICS OF NEUROLEPTICS

# neuroleptic (sedative)

#### apathy, drowsiness, lethargy

- depression of initiative, "paralysis" of will, emotional indifference to environment
- inhibition of motor activity
- quick onset of action
- vegetative disturbances (collaptoid reaction etc), especially at the beginning of treatment

# antipsychotic

- removing of persistent changes of personality and asocial features of behaviour
- removing of hallucination, delirium
- enhancement of motives and initiative, interest to surrounding
- develops in 1–2 weeks
- extrapyramidal disorders (increasing during the therapy course)

# PHARMACODYNAMICS OF NEUROLEPTICS

## **CNS**:

- hypothermia (↓ the center of heat release because of blockade of α-adreno- and serotonin receptors of hypothalamus + dilatation of the skin vessels)
- hypodynamia (muscular tone as a result of activating influence of reticular formation and spinal cord through αadrenoblockade)
- anti-vomiting (anti-emetic) and anti-hiccup effects (blockade of D2-receptors of the trigger zone of the vomiting center)
- disorders in the motor sphere with systematic intake: parkinsonism, acute dystonia, tardive dyskinesia, etc. (D2-receptors blockade of extrapyramidal system)
- potentiation of anaesthesia and analgesia, especially with sedatives (blockade of αadrenoreceptors of the reticular formation and \_activating influence on the cerebral cortex)

# PHARMACODYNAMICS OF NEUROLEPTICS

# **Vegetative reactions:**

- acute hypotension, ↑ HR
- tone of hollow organs, motility and GIT secretion
- disturbance of accommodation, dry mouth Endocrinic and other disorders:
- prolactin, j gonadotropins, estrogens, gestagens
- In women amenorea, ↑ libido; in men gynecomastia, impotence
- STH, ACTH, ADH, oxytocin
- melanostimulating hormone
- Appetite and body weight antiallergic and antipruritic action (H1-receptors blockade)



# PHARMACOKINETICS OF NEUROLEPTICS

**Administration:** with oral administration absorption is unpredictable (first pass metabolism, change of GIT motility because of cholinolytic action; partial biotransformation in the intestine), bioavailability - 30-60 %; at I.M. -1 in 10-40 times, but also is unpredictable (precipitation in the muscle) Plasma protein binding: 90-95 % **Distribution:** accumulate in tissues of the brain, lungs and other well vascularized organs; penetrate well through the BBB, placenta; penetrate well through the BBB, placenta! **Biotransformation:** takes place by various ways (oxidization, conjugation) not only in the liver, but also in the lungs, brain, kidneys and intestine with formation of active and nonactive metabolites Excretion: via the kidneys and bile mainly as nonactive metabolites; T ½: in majority – 20-40 hrs ⇒ there are slow-release forms –flushpirilen, pimozide (4-20 days)



## schizophrenia

- attack (relapse) of endogenous psychoses with delirium, hallucinations, aggressiveness
- acute psychical disorders (psychologic traumatic situations, traumas)
- delirium, abstinence syndrome haloperidol, sedative neuroleptics
- neuroleptanalgesia haloperidol, droperidol in combination with opioids (fentanyl) and premedication
- vomiting of the central origin, hiccup (chemotherapy of oncologic patients) pimozide, haloperidol, etaperazine



# **APPLICATION OF NEUROLEPTICS**

- shock (traumatic and burn) droperidol, aminazine
- hypertensive crisis levomepromazine, droperidol, aminazine
- hyperthermia (resistant to NSAIDs) aminazine
- vegetoneuroses (ischemic heart disease (IHD), peptic ulcer, climax) — sulpiride, thioridazine
- neurodermatosis (pruritis) aminazine, levomepromazine, chlorprotixen
- migraine sulpiride
- in gastroenterology metoclopramide



# ADVERSE EFFECTS OF NEUROLEPTICS

- "behavioral" affects like "pseudodepressions" (flaccidity, lack of initiative, indifference, etc.)
- as a result of dopamine blockade extrapyramidal disorders (neuroleptic syndrome): at the early stages: parkinsonism (rigidity, tremor) at the late stages (in months and years), tardive dyskenesis (winking, spasm of eyelids, choreoatetosis as usual in women) malignant neuroleptic syndrome (malignant hyperthermias) — rigidity of muscles, high temperature, arrhythmia, coma



# ADVERSE EFFECTS OF NEUROLEPTICS

- Collapse (α-adrenoblockage)
   M-cholinolytic action (dryness of mouth, mydriasis, urine retention, constipation etc.)
- endocrinic disturbance:
  - ✓ «Castration effect» (dopamine blockade ⇒ prolactin,↓ gonadotropic hormones, in women galactorrhea, amenorrhea, in men – gynecomastia, ↓ libido, importance



- hepatotoxicity (cholestatic hepatitis)
- cardiotoxicity
- allergic reaction (rush, hemolysis, agranulocytosis)
- Corneal and lenticular opacity (20-30 %)
- teratogenic, embryo-, fetotoxic action
- Iocal irriation (phenothiazinese)

# **TRANQUILIZERS (ANXIOLYTICS)**

tranquillium — rest; anxious — warried, frightened ataractics (ataraxia — coolness)

 depriming psychotropic drugs, selectively removing emotional instability, anxiety, fear (phobia), tension

# **HISTORY OF CREATION**

- **1954 F.** a new tranquilizer meprobamate was introduced in the USA
- 1957 Г. swiss scientists synthesized the first tranquilizer from a series of derivatives of 1,4-benzodiazepine chlordiazepoxide (elenium)
- **1963 F.** diazepam (valium) was applied



# CLASSIFICATIONS OF TRANQUILIZERS

# historically:

- I generation: meprobamate, hydroxizine (atharax), amizil, (benactizine), mebicar, etc.
- Il generation: benzodiazepine derivatives (chlordiazepoxide, diazepam, etc.)
- III generation: buspirone, etc.

according to chemical structure: benzodiazepine derivatives (typical)chlordiazepoxide, diazepam, phenazepam,

lorazepam, flunitrazepam, alprazolam, etc.)

different chemical groups (atypical) – buspirone, mebicar, amizyl, trioxaxine, oxalidine, meprobamate, etc

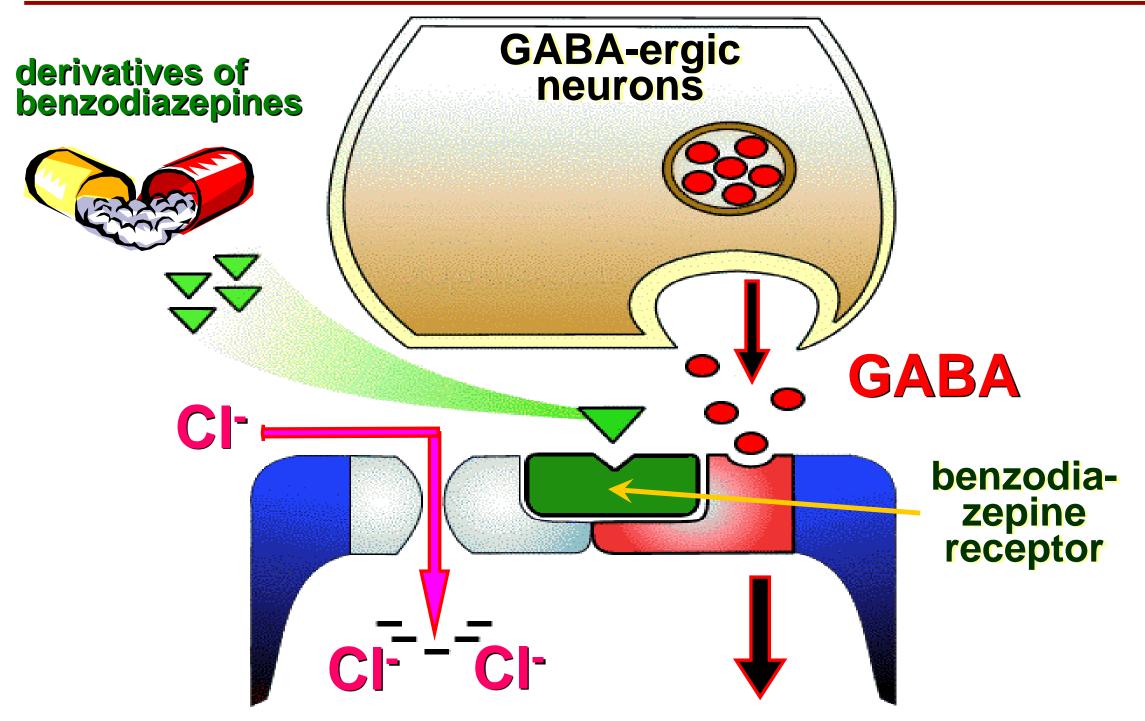
## SPECTRUM OF TRANQUILIZERS' PHARMACOLOGICAL EFFECTS

- anxiolytic (reduction of anxiety + stressprotective + antiphobic)
- sedative
- hypnotic
- myorelaxant
- anticonvulsant
- vegetostabilizing
- amnestic (anterograde amnesia)
- activate action of hypnotics, narcotic analgesics, alcohol

## according to spectrum of action:

sedative («major», night) – nitrazepam, flurazepam, diażepam, phenazepam, etc.
 daily («minor») – mezapam, gidazepam, buspirone, mebicar

## MECHANISM OF BENZODIAZEPINES ACTION



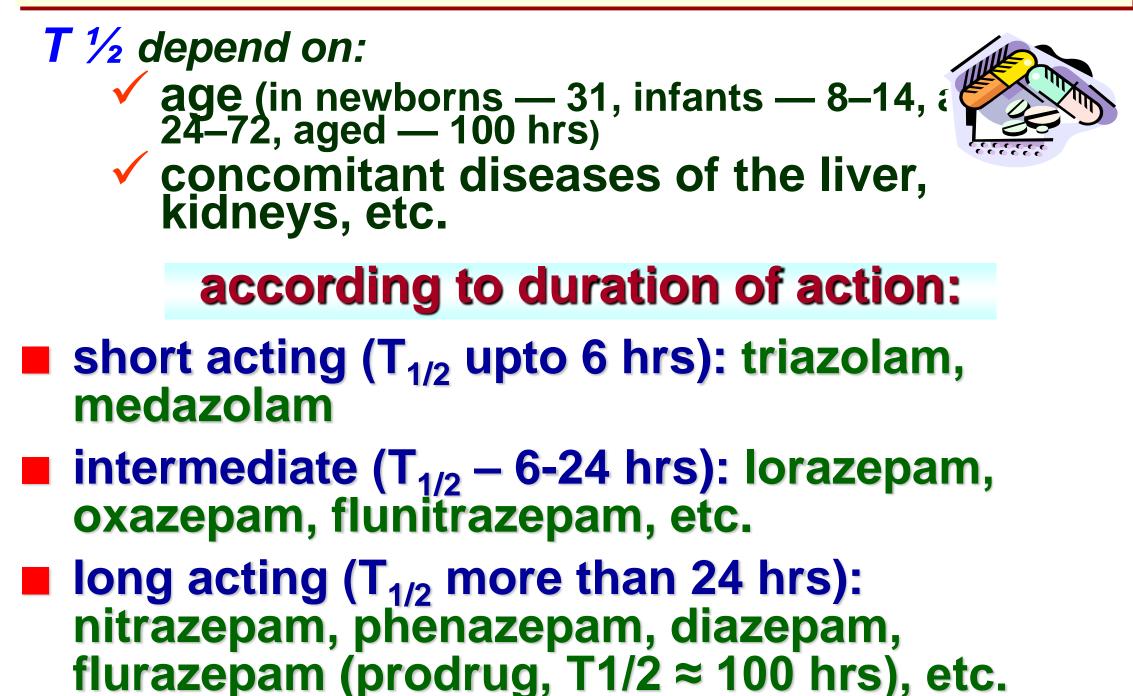
## PHARMACODYNAMICS OF BENZODIAZEPINES

- complex GABAA-receptor-chlorionic channel ⇒
- sensitivity of GABA-receptors to GABA ⇒
- ↑ the rate of chlorine channels opening, which ↑ the entering current of CI- ⇒
- hyperpolarization of the neuron postsynaptic membrane ⇒
- ↑GABA-transmission ⇒ inhibition process development in definite departments of the CNS (limbic system, cerebral cortex, hypothalamus, thalamus, reticular formation, spinal cord, etc.)
- suppressing effect on the emotional sphere (anxiolytic, sedative-hypnotic, amnestic), motor and vegetative systems (myorelaxation, relief of seizures, vegetostabilization)

## PECULIARITIES OF BENZODIAZEPINES' CLINICAL ACTION

- with pronounced anxiolytic effect phenazepam, diazepam, lorazepam, alprazolam, etc.; moderate chlordiazepoxide, gidazepam, oxazepam, etc.; "daily" (anxioselectivity with activating component) medazepam, tophizopam, gidazepam, etc.
- with pronounced hypno-sedative effect nitrazepam, flunitrazepam, phenazepam, diazepam, lorazepam, chlordeazepoxide, oxazepam, triazolam, midazolam, etc.
- with pronounced anticonvulsant effect clonazepam, diazepam, phenazepam, lorazepam, nitrozepam

## PHARMACOKINETICS OF BENZODIAZEPINES



# **APPLICATION OF TRANQUILIZERS**

- all the kinds of phobic disorders (neuroses, psychopathy, accompanied with alertness, fear, emotional stress, etc.) - phenazepam, alprazolam, lorazepam
- anxiety with a background of depressive conditions of various genesis — with antidepressants alprazolam, lorazepam, oxazepam
- endogenic psychiatric diseases (schizophrenia) — diazepam, phenazepam, etc.
- acute conditions (psychomotor agitation, alcohol abstinence, delirium) — diazepam, phenazepam
- in somatic diseases therapy (IHD, peptic ulcer, hypertension, cholecystitis, bronchial asthma, etc.)

# **APPLICATION OF TRANQUILIZERS**

- sleep disorders nitrazepam, phenazepam
- > epilepsy, epileptic status, seizures of various genesis, tetanus — clonazepam, diazepam, etc.
- neurologic disorders accompanied with muscular hypertonus — diazepam, lorazepam
- for premedication and anesthesia (atharalgesia — diazepam + phentanyl), during the postoperative period — flunitrazepam, midazolam, diazepam, etc.
- acute reactive stress conditions in healthy people in extreme situations (but not with everyday stress)

# ADVERSE EFFECTS OF TRANQUILIZERS

- "behavioral" reactions: 
  ↓ apprehensive and
  psychomotor processes, disturbance of orientation,
  anterograde amnesia
- after-effect (hangover), especially in elderly people (dose-dependent hypersedation, dyscoordination of movement)
- "paradoxal" reactions: movement anxiety, nightmares, aggressiveness, inadequate conduction (in children, elderly and mentally ill patients)
- tolerance
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# ADVERSE EFFECTS OF TRANQUILIZERS

#### rebound syndrome

- myocardial contractility, hypotension (diazepam, lorazepam with parenteral introduction in elderly people)
- moderate depressive influence on the respiratory center (in pulmonary patients)
- dry mouth, dyspepsia, 
   <sup>↑</sup> appetite, 
   <sup>↑</sup> intraocular pressure, impotence; seldom allergy, hematologic changes (leukopenia)
- teratogenic, embryo- and fetotoxic action



# CLASSIFICATION OF PSYCHOSEDATIVES

- plant-origin: valeriana, common motherwort, passiphlora
- bromides: potassium and sodium bromide
- combined:
  - valocardin, corvalol (ethyl ether of
  - bromine isovaleric acid + phenobarbital +
  - oil of peppermint + ethanol),
  - valocormid (extract of valeriana, lily of the valley, belladonna, sodium bromide, mentol), novopassit etc.





motherwort



# **PSYCHOSEDATIVES**

# pharmacodynamics

- excitability of reticular structure, medulla
   oblongata and hypothalamus
- threshold of neuronal excitability
- emotional and motive excitation
- threshold of convulsive activity
- (especially in children)
- adrenolytic activity (↓ ABP, "-" ino-, chronotropic
   effects)
- afferent impulsation to the cerebral cortex
- spasmolytic action (↓ vessels of the heart and brain,
- tone of smooth muscles of the intestine)
   potentiation of action of hypnotic drugs

# **PSYCHOSEDATIVES**

## indications

- insomnia (caused by vegetative disorders)
- emotional overexcitation
- neurotic disorders
- angina pectoris with background of neurotic disorders
- arrhythmias (extrasystole, paroxysmal tachycardia)
- Initial stage of hypertension
- Climacteric disorders
- intestinal colic (especially in children) инсомния (на почве вегетативных расстройств)

# BROMIDES

## adverse effects

- general weakness, fatigue, indifference to surrounding,
- weakening of memory, drowsiness
- irritation of gastric mucous, anorexia, constipation
- excessive sweating
- sexual dysfunction (↓ libido, potentia)
- cumulation ⇒ acute and chronic poisoning (bromism): sleep, apathy, hallucinations, delirium, tremor of eyelids, tongue, hands, speech disorder, conjunctivitis, rhinitis, bronchitis, acne-like rash

## bromism treatment

- withdrawal of drug
- antidote sodium chloride (5–10 g on 3–4 l of liquid)
- diuretics (aminophyllin, ammonium chloride)
- hemodialysis
- symptomatic treatment

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#### NORMAL SLEEP

**NREM (non-rapid eye movement)**, orthodox, or slow-wave EEG sleep. NREM sleep progresses through four stages (1-4):

stage 1 - descending drowsiness;

stage 2 - major fraction of non-REM sleep;

stages 3 and 4 - slow-wave sleep

**REM (rapid eye movement)**, paradoxical, or fast-wave EEG sleep.

#### **TYPES OF INSOMNIA:**

 EMOTIONAL - difficulty in falling asleep
 SENILE – early or frequent awakenings, and remaining unrefreshed after sleep

THE IDEAL HYPNOTIC DRUG SHOULD:

allow the patient to fall asleep quickly;

maintain sleep of sufficient quality and duration so that the patient awakes refreshed without a drug hangover, continued sedation or rebound anxiety, should not cause dependence and tolerance;

have very low toxicity and should not interact with other medications.

## BARBITURATES

**Classification** 

Long-acting (6-10 hrs): phenobarbital

Intermediate-acting(4-6 hrs): pentobarbital, cyclobarbital

Ultra-short-acting (20-30 min): thiopental

**Mechanism of action** 

Barbiturates potentiate GABA induced chloride currents. Also they suppress high frequency repetitive firing of neurons

**Pharmacological effects** 

- **CNS:** all degrees of **CNS** depression, ranging from mild sedation to general anesthesia including anticonvulsant activity.
- Sleep: increase the total sleep time; decrease sleep latency, the number of awakenings, and the durations of REM and slow-wave sleep

Peripheral Nervous Structures: depress transmission in autonomic ganglia

**Respiration:** *depress the respiratory drive* 

**CVS:** slight decrease in BP and heart rate

Liver: induce microsomal enzymes. It increases the metabolism of a steroid hormones, vitamins K and D, and barbiturates

#### BARBITURATES

#### **Pharmacokinetics**

Absorption: rapid and probably complete Distribution: distributed widely, and readily cross the placenta; the highly lipophilic barbiturates undergo redistribution that limit their action

**Biotransformation:** nearly complete metabolism and/or conjugation of barbiturates in the liver precedes their renal excretion

#### Therapeutic uses:

- *for "sedation"* (phenobarbital)
- epilepsy, emergency treatment of convulsions (phenobarbital)
- as intravenous anesthetics (thiopental)
- *hyperbilirubinemia in the neonate* (phenobarbital)

#### Adverse effects:

- "after effects" or "hangover" (drowsiness, impairment of judgment)
- Paradoxical excitement (among geriatric and debilitated patients)
- potentiate action of alcohol and other CNS depressants
- tolerance (both pharmacokinetic and pharmacodynamic)
- dependence (physical or physiological)
- Image: Image:

#### **BENZODIAZEPINES (BDZ)**

**Classification** 

- Long-acting (T<sub>1/2</sub>>24 hrs) chlordiazepoxide, diazepam, phenazepam, nitrazepam
- Intermediate-acting( $T_{1/2}$ =10-20 hrs) clonazepam, lorazepam, temazepam, alprazolam
- Short-acting  $(T_{1/2}=3-8 hrs)$  triazolam, midazolam, oxazepam Mechanism of action
- BDZ potentiate GABAergic neurotransmission. Unlike barbiturates, BDZ require GABA to express their effects
- **Pharmacological effects**
- CNS sedation, hypnosis, anxiolytic, skeletal muscle relaxation, anticonvulsant effect, anterograde amnesia
- Sleep increase the total sleep time; decrease the time spent in stage 0, 1, 3, 4, the number of awakenings, and the durations of REM sleep; increase time spent in stage 2
- A significant advantage of the BDZ over other CNS depressants (e.g., the barbiturates) is that they possess a much greater separation between the dose that produces sleep and the dose that produces death.

#### **BENZODIAZEPINES (BDZ)**

#### **Pharmacokinetics**

Absorption: well absorbed from GI-tract
 Distribution: BDZ having greater lipid solubility tend to enter the CNS more rapidly; plasma protein binding is 60-95 %
 Biotransformation: by dealkylation, hydroxylation (phase 1) and conjugation (phase 2) reactions; most clinically available BDZ are converted in the liver to one or more active metabolites

#### Therapeutic uses:

- anxiety (diazepam, lorazepam, nitrazepam)
- epilepsy, muscle relaxation and seizures (clonazepam, diazepam, lorazepam)
- *insomnia* (flurazepam, temazepam, triazolam)
- anesthesia (midazolam)
- *withdrawal* (diazepam, chlordiazepoxide)

**Adverse effects:** 

- *"after-effects"* (drowsiness, memory loss, etc)
- Paradoxical excitement
- potentiate action of alcohol
- tolerance
- dependence (rebound anxiety and rebound insomnia)

#### **MISCELLANEOUS SEDATIVE-HYPNOTIC**

Other BDZ agonists (zolpidem, zopiclon) - They bind to BDZ receptors and facilitate GABA-mediated inhibition. In usual sedative doses, they preserves stages 3, 4 and has only minor effects on REM sleep. Compared with the BDZ, they have relatively weak anxiolytic, anticonvulsant, and skeletal muscle relaxant properties. Zolpidem  $T_{1/2}$ =2,5 hrs, zopiclon  $T_{1/2}$ =1 hr. Zolpidem provides normal 8 hours- sleep; zopiclon is well suited for treatment of sleep onset insomnia

Antihistamines (diphenhydramine, promethazine) - produce sedation, dryness of mucous membranes, and antiemetic activity

β-blockers (propranolol) - can lessen the severity of many of the autonomic responses (tremors, sweating, tachycardia, etc) associated with anxiety
 Antidepressants (tricyclic antidepressants, SSRI) - used in the treatment of several anxiety disorders (general anxiety, obsessive-compulsive disorder, and several phobias)

#### **ANTIEPILEPTIC DRUGS**

**EPILEPSY** is a heterogeneous symptom complex - a chronic disorder characterized by recurrent seizures. Seizures are finite episodes of brain dysfunction resulting from abnormal discharge of cerebral neurons.

#### **CLASSIFICATION OF SEIZURE TYPES:**

 PARTIAL (simple, complex, secondarily generalized) - a localized onset of the attack can be ascertained
 GENERALIZED (tonic-clonic, absence, clonic, myoclonic) there is no evidence of localized onset.

#### **DRUGS USED IN EPILEPSY:**

 partial and generalized tonic-clonic seizures - phenytoin, carbamazepine, valproate, and phenobarbital
 absence seizures - clonazepam, valproate, ethosuximide
 myoclonic seizures - valproate
 acute seizures - diazepam, lorazepam, phenytoin, phenobarbital, intravenous and inhaled anesthetics, chloral hydrate, myorelaxant etc

#### **ANTIEPILEPTIC DRUGS**

#### **Mechanism of action**

blockage of Na<sup>+</sup>-channels (carbamazepine, phenytoin, phenobarbital, valproate)

**blockage of Ca<sup>2+</sup>-channels (ethosuximide)** 

enhancement of GABA-action (phenobarbital, BDZ, tiagabine, vigabatrine)

**Pharmacokinetics** 

Absorption: absorption is usually good, with 80-100% of the dose reaching the circulation

**Distribution:** except for phenytoin, the BDZ, and valproic acid antiepileptic drugs are not highly bound to plasma proteins.

*Biotransformation:* the intrinsic ability of the liver to metabolize anticonvulsant drugs is generally low and, with the exception of phenytoin, independent of concentration. For most anticonvulsants, half-lives are greater than 12 hours. Phenobarbital, phenytoin, and carbamazepine are potent inducers of hepatic microsomal enzyme activity; valproate – an inhibitor.

### PHARMACOKINETICS OF ANTIEPILEPTIC DRUGS

	Bioavailabiity , %	Plasma protein binding, %	Elimination, hrs
Valproate sodium	70-100	85-95	8-10
Clona-zepam	100	<b>50-80</b>	24-40
Pheno-barbital	80-95	60	70-100
Diphenin (phenytoin)	95	90-93	15-20
Carbama-zepine	60-85	72-76	25-50
Etho-suximide	90-100	0	30-70

#### **ADVERSE EFFECTS OF ANTIEPILEPTIC AGENTS**

#### Phenytoin

- nystagmus occurs early, diplopia and ataxia
- gingival hyperplasia and hirsutism
- coarsening of facial features
- mild peripheral neuropathy

#### **ADVERSE EFFECTS OF ANTIEPILEPTIC AGENTS**

#### Carbamazepine

- diplopia, ataxia, drowsiness
- aplastic anemia, agranulocytosis

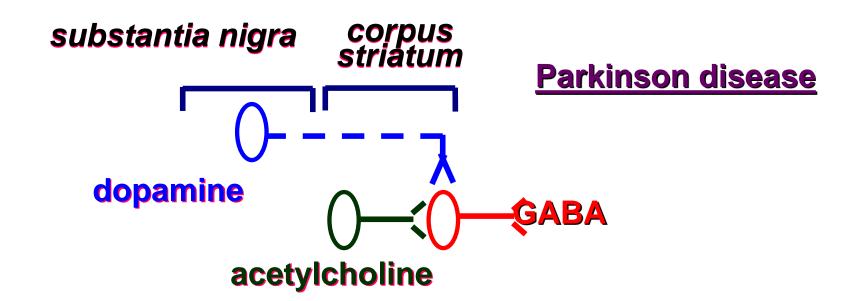
#### **Ethosuximide**

- gastic distress (nausea, vomiting, abdominal pain
- fatigue, headache, dizziness, and euphoria

#### Sodium valproate

- abdominal pain and heartburn
- sedation, tremor
- weight gain, increased appetite, and hair loss
- hepatotoxicity
- Spina bifida

#### **DRUGS FOR PARKINSON DISEASE TREATMENT**



Improving dopamine	Control M	
<b>↑Dopamine synthesis</b>	Dopamine agonists	Central M- cholinolytics
Levodopa, Nakom (Levodopa+Carbidopa)	Bromcryptin Midantan	Cyclodol Benztropine