# MINISTRY OF HEALTH PROTECTION OF UKRAINE ODESSA NATIONAL MEDICAL UNIVERSITY

Faculty of Medicine №2

Department of physical rehabilitation, sports medicine and physical training

APPROVED

Vice-rector for scientific and pedagogical work

Eduard Buryachkivskyi

September 4, 2023

# METHODOLOGICAL DEVELOPMENT FOR SEMINAR CLASSES FROM EDUCATIONAL DISCIPLINE

Faculty of Dentistry, course V

Study discipline: «HOME CARE OF THE SICK AND DISABLED»

# Approved:

The meeting of the department of physical rehabilitation, sports medicine and physical training
Odessa National Medical University

Protocol № 1 dated 09/04/2023

Head of the Department, Professor

Olga Iushkovska

Developers:

Head of the department, MD, prof. Iushkovska O.G., PhD associate professor of the department, Filonenko O.V.

**Topic:** The concept of "home care". The main components.

**Purpose:** Acquisition of higher education knowledge and formation of elements of professional competences in the field of home care of the sick and disabled. Familiarize yourself with the basic concepts of the discipline.

**Basic concepts:** home care, disability

Equipment: multimedia projector, screen

Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions to test basic knowledge:

The concept of "home care"

Categories of patients who need home care

Peculiarities of approaches to treatment and rehabilitation of patients requiring home care

Components of home care

Organization of home care at various stages

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Peculiarities of "home care of surgical patients

Peculiarities of home care for patients with a therapeutic profile

- 6. Lesson results: announcement of student grades and substantiation of the latter according to the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.
- 7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
- 2. Savka, L. S. Patient care and medical manipulation technique: teaching. manual For university students. honey. education closing I-III accreditations / L. S. Savka [etc.]; edited by: L.M. Kovalchuk, O. V. Kononov. 3rd ed., revised. and added Kyiv: Medicine, 2017. 600 p (Ukrainian language)
- 3.https://dspace.rsu.lv/jspui/bitstream/123456789/5950/1/White\_Book\_on\_Physical\_and\_Rehabilitation\_Medicine\_in\_Europe.\_Introductions\_Executive\_Summary\_and\_Methodology.pdf

- 1. Danchak I.O., Linda S.M. Adaptation of the living environment to the needs of people with physical disabilities. Lviv: Publication of the Lviv Polytechnic National University, 2002. 127 p. (Ukrainian language)
- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business",

**Topic:** Approaches to the organization of home care activities at different stages of treatment.

**Purpose:** Mastery by a higher education student of the organization of measures for home care of the sick and disabled.

**Basic concepts:** home care, disability **Equipment:** multimedia projector, screen

# Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Approaches to the organization of home care activities at different stages of treatment.

Legal aspects of home care organization

Peculiarities of the organization of home care for patients of the same age

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Peculiarities of the organization of home care in different countries of the world

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

# Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business", "Pediatrics" / I.V. Lykhasenko; rec.: V. A. Vizir, B. D. Syvolap; Ministry of Health of Ukraine, Zaporizhzhia. state honey. University, 2016. 97 p. (Ukrainian language)

**Topic:** Multidisciplinary home care team: composition, tasks.

**Purpose:** Mastery of the concept of a multidisciplinary team by a student of higher education and the formation of professional competences regarding the peculiarities of the functioning of the latter.

of medicine

**Basic concepts:** multidisciplinary team **Equipment:** multimedia projector, screen

Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

The concept of "multidisciplinary team"

The composition of the multidisciplinary team depends on the patient's profile Functional duties of members of a multidisciplinary team

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

ICF classification

Application of ICF classifiers for patients requiring home care

Report on an individual task (clinical case)

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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- 1. Danchak I.O., Linda S.M. Adaptation of the living environment to the needs of people with physical disabilities. Lviv: Publication of the Lviv Polytechnic National University, 2002. 127 p. (Ukrainian language)
- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business",

**Topic:** Physical, social, spiritual and psychological characteristics of sick and disabled people who need home care.

**Purpose:** Acquisition by the student of higher education of knowledge and the formation of elements of professional competences taking into account the physical, social, spiritual and psychological characteristics of sick and disabled people who need home care

of medicine

Basic concepts: physical state, social state, psychological state, spiritual state

Equipment: multimedia projector, screen

#### Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Health assessment models

Biopsychosocial model and its relevance in home care of the sick and disabled

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Report on an individual task (a clinical case in the context of the biopsychosocial model)

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business",

**Topic:** Functional problems of the disabled with various nosologies, possibilities of their correction. Functional problems of the disabled with various nosologies that require special precautions

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competences in the assessment of the functional state of the disabled in various pathologies.

Basic concepts: functional state, rehabilitation potential

Equipment: multimedia projector, screen

Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Methods of assessing the function of various organ systems

Functional problems of the disabled with various nosologies

Possibilities of functional correction

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Rehabilitation potential

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

- 7. List of recommended literature:Basic:
- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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**Topic:** Tasks and possibilities of positioning in various diseases.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competences in the field of physical and rehabilitation of medicine for positioning patients with various diseases.

Basic concepts: positioning

Equipment: multimedia projector, screen

Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

The concept of "positioning"

The main tasks of positioning and methods of solving them

The main pathophysiological effects of positioning

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Peculiarities of approaches to positioning from the side of Western and Eastern medicine

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

1. List of recommended literature:

# Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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**Topic:** Peculiarities of home care of patients with a therapeutic profile at different stages of treatment and rehabilitation: principles, tasks.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competencies for home care of patients with a therapeutic profile

Basic concepts: home care, functional status, multidisciplinary team

Equipment: multimedia projector, screen

# Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Principles of home care for patients with a therapeutic profile

Tasks of home care of patients with a therapeutic profile

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Home care of cardiac patients

Home care of oncology patients

Home care of children's patients

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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**Topic:** Peculiarities of home care of patients with a therapeutic profile at different stages of treatment and rehabilitation: principles, tasks.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competencies for home care of patients with a therapeutic profile

Basic concepts: home care, functional status, multidisciplinary team

**Equipment:** multimedia projector, screen

#### Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Principles of home care for patients with a therapeutic profile

Tasks of home care of patients with a therapeutic profile

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Home care of cardiac patients

Home care of oncology patients

Home care of children's patients

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business",

**Topic:** Peculiarities of home care for patients with a therapeutic profile at different stages of treatment and rehabilitation: implementation models.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competencies for home care of patients with a therapeutic profile

Basic concepts: home care, functional status, multidisciplinary team, stages of rehabilitation

Equipment: multimedia projector, screen

# Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Models of home care for patients with a therapeutic profile at different stages

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Report on an individual task (clinical case)

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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**Topic:** Peculiarities of home care of surgical patients at different stages of treatment and rehabilitation: principles, tasks.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competencies for home care of surgical patients

Basic concepts: home care, functional status, multidisciplinary team

Equipment: multimedia projector, screen

#### Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Principles of home care for patients with surgical disabilities

Tasks of home care of patients with surgical disabilities

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Home care of cardiac patients

Home care of oncology patients

Home care of children's patients

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

# Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business", "Pediatrics" / I.V. Lykhasenko; rec.: V. A. Vizir, B. D. Syvolap; Ministry of Health of Ukraine, Zaporizhzhia. state honey. University, 2016. 97 p. (Ukrainian language)

**Topic:** Peculiarities of home care for surgical patients at different stages of treatment and rehabilitation: implementation models.

**Purpose:** Acquisition of knowledge and formation by the student of higher education elements of professional competencies for home care of surgical patients

Basic concepts: home care, functional status, multidisciplinary team

Equipment: multimedia projector, screen

#### Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task

Possibilities of home care for patients with a surgical profile at different stages The difference between home care of patients with disabilities of a surgical profile and patients of a therapeutic profile

- 3. Questions for testing basic knowledge
- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Report on an individual task (clinical case)

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

# Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
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**Topic:** Peculiarities of home care for children of different ages at the stages of treatment and rehabilitation.

**Purpose:** Acquisition by the student of higher education of knowledge and the formation of elements of professional competences in the home care of sick children of various ages at the stages of treatment and rehabilitation

Basic concepts: home care, children's age, age groups

**Equipment:** multimedia projector, screen

#### Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Home care of children under 1 year with congenital pathologies

Peculiarities of home care for children of different ages

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Peculiarities of the care of children of different ages depending on the functional state The possibility of applying the biopsychosocial model for pediatric patients

Report on an individual task (clinical case)

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
- 2. Savka, L. S. Patient care and medical manipulation technique: teaching. manual For university students. honey. education closing I-III accreditations / L. S. Savka [etc.]; edited by: L.M. Kovalchuk, O. V. Kononov. 3rd ed., revised. and added Kyiv: Medicine, 2017. 600 p (Ukrainian language)
- 3.https://dspace.rsu.lv/jspui/bitstream/123456789/5950/1/White\_Book\_on\_Physical\_and\_Rehabilitation\_Medicine\_in\_Europe.\_Introductions\_Executive\_Summary\_and\_Methodology.pdf

- 1. Danchak I.O., Linda S.M. Adaptation of the living environment to the needs of people with physical disabilities. Lviv: Publication of the Lviv Polytechnic National University, 2002. 127 p. (Ukrainian language)
- 2. Lykhasenko, I. V. Care of patients in the general system of treatment of patients with a therapeutic profile: training. manual to industrial practice for teachers and students of the 2nd year of specialization: 7.12010001 "Medical business",

**Topic:** Peculiarities of home care for elderly people.

**Purpose:** Acquisition by the student of higher education of knowledge and formation of elements of professional competences in home care of sick elderly and elderly people

**Basic concepts:** home care, age groups **Equipment:** multimedia projector, screen

Plan:

- 1. Organizational activities: greetings, verification of those present, introduction to the topic
- 2. Control of knowledge level: written work or oral task
- 3. Questions for testing basic knowledge

Peculiarities of the physical condition of elderly and elderly patients

Peculiarities of the psychological state of elderly patients

Peculiarities of the spiritual state of elderly patients

Social characteristics of elderly patients

- 4. Discussion of theoretical issues
- 5. Topics of reports/abstracts:

Peculiarities of the organization of care for elderly and disabled patients and the elderly in different countries of the world.

6. Lesson results:

Announcement of students' grades and substantiation of the latter in accordance with the knowledge assessment criteria. Publication of the topic of the next lesson and tasks for preparation.

7. List of recommended literature:

#### Basic:

- 1. Liannoi, Yu. O. Fundamentals of physical rehabilitation: teaching. manual for university students Education closing / Yu. O. Liannoi; ed. Yu. O. Liannoi; rec.: Yu. M. Shkrebtiy, M. M. Kaplin, V.A. Jamb; MES of Ukraine, Sumy. state ped. University named after A. S. Makarenko. Sumy: Type of Sumy. DPU named after A. S. Makarenko, 2020. 368 p. (Ukrainian language)
- 2. Savka, L. S. Patient care and medical manipulation technique: teaching. manual For university students. honey. education closing I-III accreditations / L. S. Savka [etc.]; edited by: L.M. Kovalchuk, O. V. Kononov. 3rd ed., revised. and added Kyiv: Medicine, 2017. 600 p (Ukrainian language)
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- 1. Danchak I.O., Linda S.M. Adaptation of the living environment to the needs of people with physical disabilities. Lviv: Publication of the Lviv Polytechnic National University, 2002. 127 p. (Ukrainian language)
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